GFS CYCLE MENU MANAGEMENT

Ingredient & Recipe Nutrition

GFS Item#: 602825 Desc: **SAUCE DUCK SWT & SOUR PKT 500-9GM**

Item#: NM002 Desc: AP Sauce Duck Hot-N-Sour,9gm PC,New Moon

Manufacturer: New Moon Noodle Company-511500 Manufacturer Item Code: 521

Nutrition Information

Serving Size: 1 EACH (9 grams)

Amount Per Serving

Calories: 30	Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	NA	NA
Trans Fat:	NA	NA
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	NA	NA
Sodium:	55 MG	2%
Potassium:	NA	NA
Total Carbohydrate:	7 GM	2%
Dietary Fiber:	NA	NA
Sugars:	6 GM	
Protein:	0 GM	0%

Vitamin A: NA Vitamin C: NA

Calcium: NA Iron: NA

Ingredients:

For ingredient or allergen information please contact: New Moon Noodle Co., (800) 888-1628. Manufacturer number: 521. Nutrition updated January 2010. The nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Fat Soluble Vitamins	
VITAMIN D(iu)	NA
VITAMIN E	NA
VITAMIN K	NA
VITAMIN A(iu)	NA
VITAMIN A(re)	NA

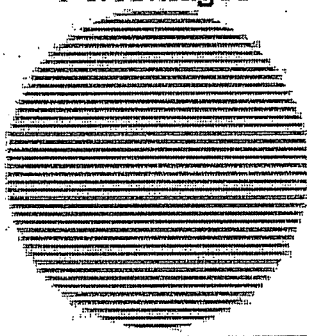
Water Soluble Vitamins	
THIAMIN	NA
RIBOFLAVIN	NA
NIACIN	NA
VITAMIN B-6	NA
VITAMIN B-12	NA
VITAMIN C, TOTAL ASCORBIC ACID	NA
FOLIC ACID	NA

Minerals	
PHOSPHOROUS	NA
ZINC	NA
MAGNESIUM	NA
COPPER	NA
IRON	NA
CALCIUM	NA

School Equivalents

Serving Size:	
Meat Quantity:	NA
Bread Quantity:	NA
Fruit/Veg Quantity:	NA

Calorie Percentages



Sweet & Sour Sauce

Ingredients: Water, Sugar, Modified Corn Starch, Vinegar, Yams, Tomato Ketchup, Apricot, Red Pepper, Molasses, Soybean Oil, Citric Acid, Garlic Powder, 1/10 of 1% Sodium Benzoate added as a preservative.

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