Nutritional Information for MAYONNAISE PKT 500-12GM GFS

Product Number:	**159970**
Description:	**AP Mayonnaise, PC, 1 each = 1 tbsp**

Nutritional Information			
Serving Size 1 each (12 g)			
Amount Per Serving			
Calories 90			**Calories from Fat 90**
			% Daily Value
Total Fat	**10 g**		**15%**
Saturated Fat	2 g		8%
Trans Fat	0 g		
PolyUnSat	n/a		n/a
MonoUnSat	n/a		n/a
Cholesterol	**10 mg**		**3%**
Sodium	**60 mg**		**3%**
Potassium	**n/a**		**n/a**
Total Carbs	**0 g**		**0%**
Dietary Fiber	0 g		0%
Sugars	0 g		n/a
Protein	**0 g**		**0%**
Vitamin A -	0%	Vitamin C -	0%
Calcium -	0%	Iron -	0%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

School Equivalents	
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Bread	n/a
Child Nutrition Label	No

Fat Soluble Vitamins	
Vitamin D	n/a
Vitamin D	n/a
Vitamin E	n/a
Vitamin K	n/a
Vitamin A	0 IU
Vitamin A	n/a

Water Soluble Vitamins	
Thiamin B1	n/a
Riboflavin B2	n/a
Niacin B3	n/a
Pyridoxine B6	n/a
Cobalamin B12	n/a
Pantothenic Acid	n/a
Vitamin C	0 mg
Folic Acid	n/a

Minerals	
Phosphorus	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0 mg
Manganese	n/a
Iodine	n/a

Ingredients: Mayo Packet	**Soybean Oil, Egg Yolks, Water, High Fructose Corn Syrup, Apple Cider Vinegar, Distilled Vinegar, Spice, Salt, Lemon Juice Concentrate, Calcium Disodium EDTA added to protect flavor. COMMON ALLERGENS PRESENT: Egg. Nutrition and Ingredient statement updated September 2009. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.**