GFS CYCLE MENU MANAGEMENT

Ingredient & Recipe Nutrition

GFS Item#: 426598 **Desc:** **DRESSING RNCH BTRMLK 4-1GAL GFS**

Item#: HLS71 **Desc:** AP Dressing, Buttermilk, Ranch, GFS

Manufacturer: **Manufacturer Item Code:**

Nutrition Information

Serving Size: 2 TBSP (28 grams)

Amount Per Serving

Calories: 164 Calories from Fat: 158

		% Daily Value*
Total Fat:	17 GM	27%
Saturated Fat:	3 GM	14%
Trans Fat:	0 GM	
Polyunsaturated Fat:	10 GM	
Monounsaturated Fat:	4 GM	
Cholesterol:	5 MG	2%
Sodium:	260 MG	11%
Potassium:	0 MG	0%
Total Carbohydrate:	1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	less than 1 GM	
Protein:	0 GM	1%

Vitamin A: 0%	•	Vitamin C: 0%
Calcium: 0%	•	Iron: 0%
Thiamin: 2%	•	Riboflavin: 2%
Niacin: 0%	•	Vitamin B-6: 0%
	•	Vitamin B-12: 0%
Phosphorus: 0%	•	Zinc: 0%
Magnesium: 0%	•	

Ingredients:
Soybean Oil, Water, Distilled Vinegar, Buttermilk Powder (Buttermilk Solids, Whey Protein), Salt, Contains Less Than 2% Egg Yolk, High Fructose Corn Syrup, Monosodium Glutamate, Spices, Dehydrated Onion and Garlic, Lactic Acid, Propylene Glycol Alginate, Xanthan Gum, Sodium Benzoate as a Preservative, Dehydrated Parsley, Disodium Inosinate, Disodium

Fat Soluble Vitamins

VITAMIN D(iu)	NA
VITAMIN E	NA
VITAMIN K	NA
VITAMIN A(iu)	0 IU
VITAMIN A(re)	2 MCG_

Water Soluble Vitamins

THIAMIN	0.01 MG
RIBOFLAVIN	0.01 MG
NIACIN	0.01 MG
VITAMIN B-6	0 MG
VITAMIN B-12	0.01 MCG
VITAMIN C, TOTAL ASCORBIC ACID	0.07 MG
FOLIC ACID	0.06 MCG

Minerals

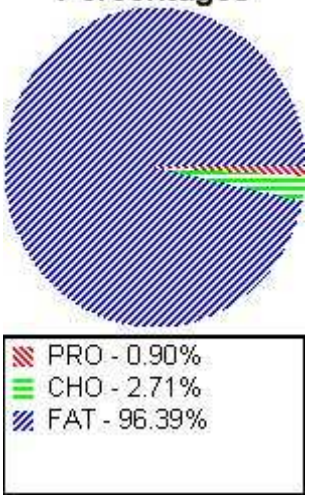
PHOSPHOROUS	2.30 MG
ZINC	0.02 MG
MAGNESIUM	0.31 MG
COPPER	NA
IRON	0.05 MG
CALCIUM	2.80 MG

School Equivalents

Serving Size:

Meat Quantity:	NA
Bread Quantity:	NA
Fruit/Veg Quantity:	NA

Calorie Percentages



Guanylate, Calcium Disodium EDTA Added to Protect Flavor. COMMON ALLERGENS PRESENT: Milk, Egg. Nutrition & Ingredient statement updated June 2008. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.		