GFS CYCLE MENU MANAGEMENT

*Ingredient & Recipe Nutrition*

**GFS Item#:** 330795 **Desc:** **DRESSING FREN RED CALIF 4-1GAL GFS**

**Item#:** HLS35 **Desc:** AP Salad Dressing, French, Calif Styl, GFS

**Manufacturer:** **Manufacturer Item Code:**

## Nutrition Information

**Serving Size: 2 TBSP (31 grams)**

| Amount Per Serving | | |
|---|---|---|
| **Calories:** 130 | Calories from Fat: 103 | |
| | | **% Daily Value*** |
| **Total Fat:** | 11 GM | 18% |
| Saturated Fat: | 2 GM | 9% |
| Trans Fat: | 0 GM | |
| Polyunsaturated Fat: | 7 GM | |
| Monounsaturated Fat: | 2.5 GM | |
| **Cholesterol:** | 0 MG | 0% |
| **Sodium:** | 290 MG | 12% |
| **Potassium:** | 5 MG | 0% |
| **Total Carbohydrate:** | 6 GM | 2% |
| Dietary Fiber: | 0 GM | 1% |
| Sugars: | 8 GM | |
| **Protein:** | 0 GM | 0% |

| | | | |
|---|---|---|---|
| Vitamin A: 2% | • | Vitamin C: 2% |
| Calcium: 0% | • | Iron: 0% |
| Thiamin: 2% | • | Riboflavin: 2% |
| Niacin: 0% | • | Vitamin B-6: 0% |
| | • | Vitamin B-12: 0% |
| Phosphorus: 0% | • | Zinc: 0% |
| Magnesium: 0% | • | |

**Ingredients:**
**Soybean oil, high fructose corn syrup, water, tomato paste, distilled vinegar, cider vinegar, salt, contains less than 2% xanthan gum, onion powder, natural flavor (soy). COMMON ALLERGENS PRESENT: Soy. Nutrition & Ingredient statement updated May 2008. The ingredient and nutrition information provided here reflects the current information provided to GFS by its**

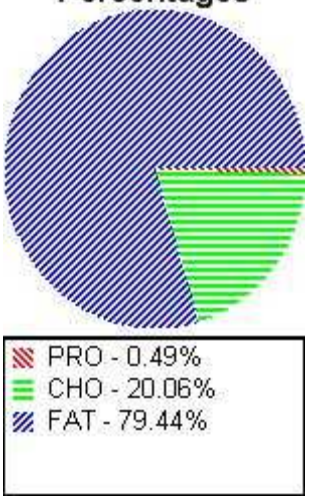
| Fat Soluble Vitamins | |
|---|---|
| VITAMIN D(iu) | NA |
| VITAMIN E | NA |
| VITAMIN K | NA |
| VITAMIN A(iu) | 100.00 IU |
| VITAMIN A(re) | 14 MCG_ |

| Water Soluble Vitamins | |
|---|---|
| THIAMIN | 0.03 MG |
| RIBOFLAVIN | 0.02 MG |
| NIACIN | 0.02 MG |
| VITAMIN B-6 | 0 MG |
| VITAMIN B-12 | 0 MCG |
| VITAMIN C, TOTAL ASCORBIC ACID | 1.10 MG |
| FOLIC ACID | 0 MCG |

| Minerals | |
|---|---|
| PHOSPHOROUS | 0.50 MG |
| ZINC | 0.01 MG |
| MAGNESIUM | 0.23 MG |
| COPPER | NA |
| IRON | 0.08 MG |
| CALCIUM | 2.20 MG |

| School Equivalents | |
|---|---|
| **Serving Size:** | |
| **Meat Quantity:** | NA |
| **Bread Quantity:** | NA |
| **Fruit/Veg Quantity:** | NA |

Calorie Percentages



| | | |
|---|---|---|
| **suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.** | | |