Croissant Rebanado

Croissants

Nutrition Facts/ Datos De Nutrición

Serv. Size/Porción
1 croissant (2.5 oz)(71g)/
1 cruasane (2.5 onzas)(71g)
Servings/Porciones 10

Calories/Calorías 290
Fat Cal./Cal. Grasas 140

Amount Per Serving/ Cantidad por Porción	% Daily Value*/ % Valor Diario*	Amount Per Serving/ Cantidad por Porción	% Daily Value*/ % Valor Diario*
Total Fat/Grasas Totales 16g	**25%**	**Total Carb./Carb. Total** 33g	**11%**
Sat. Fat/Grasas Sat. 4g	**21%**	Fiber/Fib. Diet 1g	**4%**
Trans Fat/Grasas *Trans* 5g		Sugars/Azúcares 5g	
Cholest./Colest. 0mg	**0%**	**Protein/Proteínas** 5g	
Sodium/Sodio 270mg	**11%**		
Vitamin A/Vitamina A 10%	•	Vitamin C/Vitamina C 0%	
Calcium/Calcio 4%	•	Iron/Hierro 10%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
* Los porcentajes de Valores Diarios están basados en una dieta de 2,000 calorías. Sus valores diarios pueden ser mayores o menores dependiendo de sus necesidades de calorías:

Calories/Calorías:		2,000	2,500
Total Fat/Grasas Totales	Less than/Menos de	65g	80g
Saturated Fat/Grasas Saturadas	Less than/Menos de	20g	25g
Cholesterol/Colesterol	Less than/Menos de	300mg	300mg
Sodium/Sodio	Less than/Menos de	2,400mg	2,400mg
Total Carbohydrate/Carbohidrato Total		300g	375g
Dietary Fiber/Fibra Dietética		25g	30g

Calories per gram/Calorías por gramo:
Fat/Grasas 9 • Carbohydrate/Carbohidrato 4 • Protein/Proteínas 4

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MARGARINE (PARTIALLY HYDROGENATED SOYBEAN OIL, WATER, PARTIALLY HYDROGENATED COTTONSEED OIL, SUGAR, SOY LECITHIN, MONO- & DIGLYCERIDES, POTASSIUM SORBATE & CITRIC ACID (PRESERVATIVES), ARTIFICIAL FLAVOR, BETA CAROTENE COLOR, VITAMIN A PALMITATE), HIGH FRUCTOSE CORN SYRUP, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: YEAST, WHEY, SALT, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN & COTTONSEED OILS), WHEAT GLUTEN, MONOGLYCERIDES, SODIUM STEAROYL LACTYLATE, CALCIUM PROPIONATE (PRESERVATIVE), DEXTRIN, NATURAL FLAVOR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, AZODICARBONAMIDE.
CONTAINS: WHEAT, SOYBEAN, MILK.