Nutritional Information for COLE SLAW CRMY CLSC 3-10# GFS

Product Number:	**738166**
Description:	**AP Coleslaw, Creamy, GFS**

Nutritional Information			
Serving Size .5 cup (100 g)			
Amount Per Serving			
Calories 150			**Calories from Fat 90**
			% Daily Value
Total Fat	**10 g**		**15%**
Saturated Fat	2 g		8%
Trans Fat	0 g		
PolyUnSat	n/a		n/a
MonoUnSat	n/a		n/a
Cholesterol	**10 mg**		**3%**
Sodium	**330 mg**		**14%**
Potassium	**n/a**		**n/a**
Total Carbs	**17 g**		**6%**
Dietary Fiber	0 g		0%
Sugars	13 g		n/a
Protein	**1 g**		**2%**
Vitamin A -	15%	Vitamin C -	50%
Calcium -	4%	Iron -	2%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

School Equivalents		Fat Soluble Vitamins	
		Vitamin D	n/a
Meat/Meat Alternative	n/a	Vitamin D	n/a
Fruit/Vegetables	n/a	Vitamin E	n/a
Grain/Bread	n/a	Vitamin K	n/a
Child Nutrition Label	No	Vitamin A	750 IU
		Vitamin A	n/a

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	40 mg
Vitamin C	30 mg	Iron	0 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a

Ingredients: Cole Slaw	CABBAGE, SALAD DRESSING (Soybean Oil, Eggs, Water, Egg Yolks [Egg Yolks, Salt], Sugar, Distilled Vinegar, Salt, Lemon Juice Concentrate [Contains Sodium Bisulfite], Flavoring [Partially Hydrogenated Soybean Oil, TBHQ, Tocopherols, Mustard Oil, Fractionated Vegetable Oil], Coloring [Paprika, Annatto, Soybean Oil, Gum Arabic, Natural Flavors, Ascorbic Acid]), SUGAR, WATER, CARROTS, DISTILLED VINEGAR, SALT, ERYTHORBIC ACID (To Retain Color), POTASSIUM SORBATE (To Retard Spoilage), CITRIC ACID, XANTHAN GUM, SODIUM BENZOATE, SPICE. COMMON ALLERGENS PRESENT: Egg. Nutrition and Ingredient statement updated December 2009. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.