Nutritional Information for BROCCOLI FLORET BITE SIZE 2-3# RSS

Product Number:	**732451**
Description:	**AP Broccoli Florets, Regular Cut, Cleane**

Serving Size .5 cup (44 g)			
Amount Per Serving			
Calories 12			**Calories from Fat 1**
			% Daily Value
Total Fat	**0 g**		**0%**
Saturated Fat	0 g		0%
Trans Fat	n/a		
PolyUnSat	0 g		n/a
MonoUnSat	0 g		n/a
Cholesterol	**0 mg**		**0%**
Sodium	**12 mg**		**0%**
Potassium	**143 mg**		**4%**
Total Carbs	**2 g**		**1%**
Dietary Fiber	n/a		n/a
Sugars	n/a		n/a
Protein	**1 g**		**3%**
Vitamin A -	26%	Vitamin C -	68%
Calcium -	2%	Iron -	2%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

		Vitamin D	n/a
Meat/Meat Alternative	n/a	Vitamin D	n/a
Fruit/Vegetables	n/a	Vitamin E	1 mg
Grain/Bread	n/a	Vitamin K	n/a
Child Nutrition Label	No	Vitamin A	1320 IU
		Vitamin A	n/a

Thiamin B1	0 mg	Phosphorus	29 mg
Riboflavin B2	0 mg	Zinc	0 mg
Niacin B3	0 mg	Magnesium	11 mg
Pyridoxine B6	0 mg	Copper	0 mg
Cobalamin B12	0 mcg	Selenium	1 mg
Pantothenic Acid	0 mg	Calcium	21 mg
Vitamin C	41 mg	Iron	0 mg
Folic Acid	0 mcg	Manganese	0 mg
		Iodine	n/a

Ingredients:	**Broccoli. COMMON ALLERGENS PRESENT: None. Nutrition and ingredient statement updated December 2008. The ingredient and nutrition information provided here reflect the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe allergies should confirm the ingredient information on the acutal label of the product.**