GFS CYCLE MENU MANAGEMENT

Ingredient & Recipe Nutrition

GFS Item#: 729981 **Desc:** **PEPPERONI SLCD 14-16/Z 2-5# GFS**

Item#: SDF01 **Desc:** AP Pepperoni,Sliced,14-16sl/oz,GFS

Manufacturer: **Manufacturer Item Code:**

Nutrition Information

Serving Size: 16 Slice (30 grams)

Amount Per Serving

Calories:	140	Calories from Fat: 117

		% Daily Value*
Total Fat:	13 GM	20%
Saturated Fat:	4 GM	20%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	30 MG	10%
Sodium:	460 MG	19%
Potassium:	0 MG	0%
Total Carbohydrate:	0 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	6 GM	12%

Vitamin A: 0%	Vitamin C: 0%
Calcium: 0%	Iron: 2%

Ingredients:
Pork, Beef, Salt, Dextrose, Lactic Acid Starter Culture, Natural Flavoring, Oleoresin of Paprika, Natural Smoke Flavoring, Dehydrated Garlic, Sodium Nitrite, BHA, BHT, Citric Acid. COMMON ALLERGENS PRESENT: Dairy / Dairy Derivatives Present in Facility Wheat Present in Facility. Nutrition and Ingredient statement updated October 2008. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Fat Soluble Vitamins

VITAMIN D(iu)	NA
VITAMIN E	NA
VITAMIN K	NA
VITAMIN A(iu)	0 IU
VITAMIN A(re)	NA

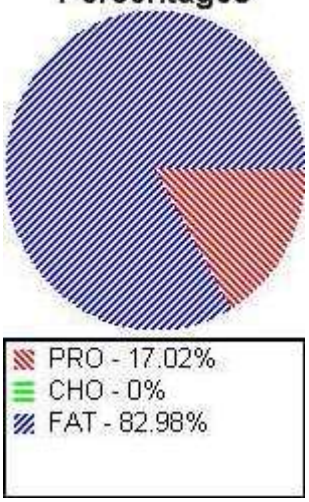
Water Soluble Vitamins

THIAMIN	NA
RIBOFLAVIN	NA
NIACIN	NA
VITAMIN B-6	NA
VITAMIN B-12	NA
VITAMIN C, TOTAL ASCORBIC ACID	0 MG
FOLIC ACID	NA

Minerals

PHOSPHOROUS	NA
ZINC	NA
MAGNESIUM	NA
COPPER	NA
IRON	0.36 MG
CALCIUM	0 MG

School Equivalents

Serving Size:	9 slices
Meat Quantity:	0.50
Bread Quantity:	NA
Fruit/Veg Quantity:	NA

Calorie Percentages