Gordon FOOD SERVICE

GFS Sliced Bartlett Pears, in Light Syrup, Choice, #10, 105 Oz Can, 6/Case

Item Number: 262706

Pacific Northwest Bartlett pears are peeled, pitted, and sliced before being packed in a light syrup, creating an ideal ingredient for specialty salads, salad bars, desserts, and more.

		QTY
6/Case	$43.97 $0.07/oz	

Nutrition

Based On: AP Pears, in Lt Syrup, GFS Rounding: On

Ingredients

Pears, Water, High Fructose Corn Syrup, Corn Syrup. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement updated February 2013. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Nutrition Facts

Serving Size 0.5 cup (130g)

Amount Per Serving

Calories 80

	% Daily Value *
Fat0g	n/a
Saturated Fat0g	n/a
Trans Fat0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol0mg	n/a
Sodium5mg	n/a
Potassium	n/a
Carbohydrates20g	7%
Fiber2g	8%
Sugar14g	
Protein0g	n/a

Vitamin A IU 0% Vitamin C 2% Calcium 0% Iron 2%

* Based on a 2000 calories diet

Calories Per Gram:

Fat: 9 Carbohydrates: 4 Protein: 4

School Equivalents:

Child Nutrition Label	No
Serving Size	1/2 Cup
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Breads	n/a

Updated For New Final Rule:

Meat/Meat Alternative	0 oz
Grain/Breads	0 oz eq
Fruit	0.5 cup
Red/Orange	0 cup
Dark Green	0 cup
Starchy	0 cup
Beans/Peas	0 cup
Other	0 cup
Notes:	n/a

Minerals:

Phosphorous	n/a
Zinc	n/a
Magnesium	n/a
Copper	n/a
Selenium	n/a
Calcium	0 mg
Iron	0.36 mg
Manganese	n/a
Iodine	n/a

Water Soluble Vitamins:

Thiamin	n/a
Riboflavin	n/a
Niacin B3	n/a
Pantothenic Acid	n/a
Folic Acid	n/a
Vitamin B6	n/a
Vitamin B12	n/a
Vitamin C	1.2 mg

Fat Soluble Vitamins:

Vitamin D IU	n/a
Vitamin E mg	n/a
Vitamin K	n/a
Vitamin A IU	0 IU

Additional Images